Capstone Project - Learning Log Instructions  
John Stark Regional High School

The purpose of the Learning Log is to help you organize what you do, what you learn, and how you learn as you progress through your Capstone Project. It will be the basis for your Reflective Paper. This is NOT the same things as your CLOCKED HOURS SHEET.

Organization:

● Use a notebook or create a Google Doc…. or consider blogging your entries!

Resources:

● Your first few entries in your Learning Log should be notes that you take on your resources. Make sure that these entries are clearly marked and that you indicate which sources you are taking notes on in each entry. Your notes should include any information that you think will be particularly useful for your project. Make sure to cite your sources as you use them!

● If, as your project progresses, you find that a source is not as helpful as you thought it would be, you should replace it with a more helpful source.

Writing Entries:

● EVERY time you work on your project you should record an entry, including the date, what you did, and what you learned. Describe whether the work you did was helpful, positive, or a mistake. You should reflect on your work, even if you are disappointed with the results. REMEMBER: this Log is to show WHAT YOU ARE LEARNING FROM YOUR PROJECT… it is not just a discussion of what you did each day.

● Draw sketches or diagrams of your ideas showing your thinking. Write down all of your thoughts – and don’t worry if there are spelling errors or if it is messy!

Showing your Coach your Learning Log:

● You must show your coach your Log a minimum of TWO times. Your coach will sign and provide feedback each time.

● Your Learning Log will be given to your evaluators. The team will want to see the process of your learning, as well as all of the components listed above. Your coach can help to make sure your Learning Log is completed correctly.